

# NEWINGTON SUMMER YOUTH ADVENTURE PROGRAM

**REGISTRATION DEADLINE IS June 5, 2009**

**OPEN TO STUDENTS ENTERING GRADES 5 THRU 9**



# 2009



## NEWINGTON YOUTH ADVENTURE PROGRAM PHILOSOPHY

The Summer Youth Adventure Program is a positive youth development program designed to introduce and reinforce the skills learned by sixth grade students in phase I of the R.O.P.E. (Rite of Passage Experience) curriculum. A modern day rite of passage program is conducted by our community to help young people transition from childhood into adulthood. The entire ROPE strategy promotes community coordination and collaboration during a three phase, six year process. The second phase includes after-school and summer programs to ensure that there are opportunities for Newington youth to become meaningfully involved in positive leisure time activities. The third phase of ROPE encourages families to participate as volunteers in community service.

### FOR INFORMATION CONTACT:

**NEWINGTON HUMAN SERVICES**

**131 CEDAR STREET**

**NEWINGTON, CT 06111**

**Youth Worker, Rik Huggard (860) 665-8594**

**OR**

**Visit our website at <http://www.newingtonct.gov>**

## **REGISTRATION INFORMATION**

**REGISTRATION:** Registrations will be processed in the order they are received. However, priority will be given to registrants who sign up for an entire program block (with a 10% discount) as opposed to an individual day within a program (at full price). Participants must sign up for the entire program block for programs that do not list a daily rate.

**DEADLINE:** Completed registrations and payments must be received by **Friday, June 5, 2009 at 4:30pm.**

All program registrations should be mailed or dropped off at the Human Services Department 131 Cedar Street Newington, CT 06111. **Office Hours are Monday-Friday 8:30am-4:30pm.** Complete program brochure and registration forms can also be found on our website at: <http://www.newingtonct.gov/content/78/118/132/3213.aspx>

**PAYMENT:** Only one check is requested for payment. Make checks payable to **Newington Human Services.**

**CONFIRMATION LETTERS:** After registration is closed, you will be mailed a confirmation letter with complete program information. Anyone who does not get into a program can be placed on a waiting list or receive a refund.

**QUESTIONS:** If you have questions before the registration deadline call our Youth Worker at 665-8594.

Beginning **June 8**, a recorded message providing updated program information will also be available at **665-8594**. If you wish to speak to someone in person, please leave a message after the recording and your call will be returned.

## **PROGRAM INFORMATION**

**\*\*All trips leave from and return to the front of Newington Town Hall across from Lucy Robbins Welles Library, unless otherwise specified.\*\*\***

You must arrive 30 minutes prior to start of program. Program times vary, please consult your confirmation letter. Parents must arrange to have their children picked up at the scheduled time of the trip return. If a trip return time is more than ½ hour later than expected, parents will be notified.

**CANCELLATIONS:** We reserve the right to cancel programs because of insufficient registrations or causes beyond our control. If alternate options are not available a refund will be issued.

**WEATHER:** All outdoor activities are held rain or shine. In the case of severe weather conditions, all efforts will be made to offer alternate, indoor activities. **Call Line 665-8594.**

**REFUNDS:** No refunds will be given for cancellations made after confirmation letters are sent on June 10, 2009 as we are required to reserve and pay for trips in advance.

**EMERGENCIES:** In case of a family emergency contact Human Services at 665-8590 between 8:30am and 4:30pm. After hours contact Newington Police at 666-8445 and ask them to page the Director of Human Services.

**WHAT TO BRING:** All participants should bring a hearty lunch and plenty of beverages (**NO GLASS**). Come appropriately prepared for the day's activity. We recommend sunscreen, sunglasses, comfortable shoes, daypack, clothing for changing weather conditions, and extra money if program requires it. Remember to bring swimwear and a towel on days where swimming is offered. Shoes must be worn at all times, in open (non-pool) water.

**SAFETY/DISCIPLINE:** All participants are expected to behave in a safe and responsible manner. Anyone displaying unsafe, disrespectful or disruptive behavior will receive a written warning, parent/guardian will be contacted, and may result in removal from the program with no refund, depending on the severity of the action. There is a "zero tolerance" policy regarding weapons and illegal substances. Possession or use will result in automatic suspension.

**Non-Newington Students:** Are eligible for programs if there are openings prior to the start of the program. Newington students are given preference. Non-Newington residents should call for program eligibility.

**FINANCIAL ASSISTANCE:** Reduced fees MAY be available to income eligible Newington families. Indicate on registration forms your request for assistance, and someone from this department will contact you.

**AMERICANS WITH DISABILITY ACT:** ADA addresses issues of accessibility of facilities and programs. Reasonable program modifications will be made on a case by case basis to allow people with disabilities to both participate in, and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

**Read each program description carefully and retain this brochure for future reference.**

# PROGRAMS FOR STUDENTS

## ENTERING GRADES 5 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.

In order to promote safety and ensure students sign up for programs within their abilities, we indicate levels of difficulty for each program. Levels are as follows:



= Easy, for all levels of adventurers



= Intermediate, more experience needed for increased Adventure



= Advanced, physically & mentally challenging, for the extreme adventurer

Please take this information into account when signing your children up for programs.

### \$\$Multiple Programs\$\$

Any date that has the money (\$\$) symbol next to it, indicates that there are multiple programs offered on the same day. Please check to make sure you have not double booked your child.



### Go Take A Hike

(and discover hidden treasures)



Take a hike and discover the international game of Geo-Caching. Using Global Positioning Satellite (GPS) devices we will seek out and find hidden containers throughout the woods with messages, clues and treasures. **You will need to be comfortable hiking 2-4 miles at a time.** (GPS will be provided)

**MON. JUNE 29** : Location TBD

**TUES. JUNE 30**: Location TBD

TIME: 9:30AM -3:30 PM

FEE: \$20 each session (\$35 for both days)



### Museum Mania



Tour some of Connecticut's finest and most fun museums. Crawl underground into a former prison cave, complete a scavenger hunt in an airplane and then ride a part of Connecticut's mass transit history at the CT Trolley Museum.



**WED. JULY 1**

Old Newgate Prison, East Granby, CT

New England Air Museum, Windsor Locks, CT

CT Trolley Museum, East Windsor, CT

TIME: 9:30AM -3:30 PM

FEE: \$35.00



### CT State Park Days

This is a **NEW** event this summer! We are planning to explore eight different CT State parks with activities that will include swimming, canoeing & hiking. There is something for everyone!

**THUR. JULY 2**: Bigelow Hollow, Union, CT

**FRI. JULY 10**: Mt. Tom State Park, Litchfield, CT

**FRI. JULY 17**: Lake Waramaug, Kent, CT

**FRI. JULY 24**: Burr Pond, Torrington, CT

**FRI. JULY 31**: Chatfield Hollow, Colchester, CT

**FRI. AUG 7**: Mashmoquet, Pomfret, CT

**FRI. AUG 14**: Stratton Brook, Simsbury, CT

**FRI. AUG 21**: Hammonasset Beach, Madison, CT

TIME: 9:00AM -3:30 PM ea. day

**FEES: \$20 each session; \$35 for any 2 sessions;**

**\$55 for any 3 sessions; \$70 for any 4 sessions**



### A Day at the Lake



Lake Compounce that is. Enjoy the thrills of roller coasters, the cool of the water park, and everything in between. Nothing could be better than having fun with friends.

**MON. JULY 6**

Lake Compounce, Bristol, CT

TIME: 10:30 AM - 4:00 PM

FEE: \$35.00



# PROGRAMS FOR STUDENTS ENTERING GRADES 5 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.



## Beaches, Boats & Bikes Weeks I & II



This has been so popular that we are running two weeks that include canoes, water tubing, bike riding & beach days - All at different locations. **(Except Tubing days)**

**\*You will need to provide your own mountain bike and helmet for the Tuesday programs.**

**\*\*You must be 4 foot, 5 inches or taller for the tubing.**

### WEEK I

**MON. JULY 13:** Tubing on the Farmington River  
TIME: 10:00 AM - 3:00 PM

**TUES. JULY 14:** Rail Trail Biking & Ice-Cream  
TIME: 9:30 AM - 3:30 PM

**WED. JULY 15:** Canoe & picnic  
TIME: 9:30 AM- 3:30 PM

**THUR. JULY 16:** Hammonasset State Beach  
TIME: 9:30 AM- 3:30 PM



### WEEK II

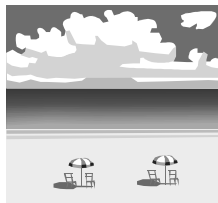
**MON. AUG. 3:** Tubing on the Farmington River  
TIME: 10:00 AM - 3:00 PM

**TUES. AUG. 4:** Rail Trail Biking & Ice-Cream  
TIME: 9:30 AM - 3:30 PM

**WED. AUG. 5:** Canoe & picnic  
TIME: 9:30 AM- 3:30 PM

**THUR. AUG. 6:** Rocky Neck State Beach  
TIME: 9:30 AM- 3:30 PM

**FEE: \$25.00 each day (\$90.00 for each full 4 day week)**



## Mini-Golf & Go-Karts



Join us for go-karts, mini-golf, batting cages, phazerball, the game room and more! This day is full of nothing but tons of fun!

**\$TUES. JULY 7**  
**MON. AUG 17**

R & B Sports World, Winsted, CT  
TIME: 9:30 AM - 3:30 PM  
FEE: \$35.00 each session



## Southwick Zoo

Join us on a mini African safari as we visit New England's largest zoo. New exhibits and a new home for Mowgli, the leopard!



**\$THUR. JULY 9:** Mendon, MA  
TIME: 8:30AM-4:00PM  
FEE: \$35.00



## Survivor Quest Week

This is a new and improved version of **SURVIVOR** that will take place at the Newington Challenge Course & local parks. We will spend three days going through a variety of Tribal challenges and cooling off in the pool at Mill Pond Park in the afternoon.

**TUES. JULY 21; WED. JULY 22 & THURS. JULY 23**  
TIME: 9:30AM-3:30PM  
FEE: \$75



## Community Service Day!

Give back to Newington and volunteer! Our community services project for this day will entail helping Newington Parks and Recreation staff with preparations for the annual Newington Extravaganza. We will also assist in another community service project. Bring a lunch and lots to drink. An opportunity for all volunteers to take a swim will also be provided.

**FRI, JULY 17 TIME: 10:30 AM - 2:30 PM NO FEE, JUST YOUR TIME!**

**Reminder - Newington Human Services will sponsor canoeing on Mill Pond at the Extravaganza on July 18 (open to all ages). Mark your calendars and come on down to join in the fun for the whole family!!**

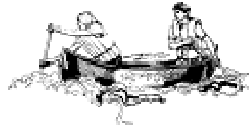
# PROGRAMS FOR STUDENTS ENTERING GRADES 5 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.



## Can You Canoe?

Whether you have no experience or you are a confident paddler, this 3 day program will teach and practice all of the skills needed for canoeing safely. We will begin with the basics and wrap it up with a day long trip on the Farmington River. Swimming ability and the desire to have fun while learning are the only requirements!



**MON. AUG. 10:** Burr Pond, Torrington, CT \*\*  
TIME: 9:30AM - 4:00PM

**TUES. AUG. 11:** Housatonic Meadows \*\*  
TIME: 9:30AM - 4:00PM

**WED. AUG. 12:** Farmington River \*\*  
TIME: 9:30AM - 4:00PM

FEE: \$55 for all 3 days

**\*\* LOCATIONS ARE SUBJECT TO CHANGE**



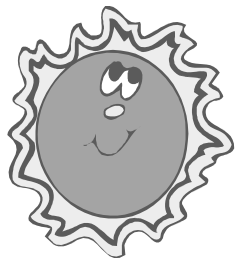
## Earth and Sky **NEW!!**



Imagine yourself soaring above treetops on a zip line, the wind in your hair and the rest of your group close behind, urging you on, giving you strength and encouragement. Then work together on a scavenger hunt through the woods with a map & compass at the Empower Leadership Sports & Adventure Center.

**\*\*Minimum age is 11 years old and weigh at least 70 pounds to participate in this program**

**THURS. AUG. 13:** Empower Leadership Sports & Adventure Center, Middletown, CT  
TIME: 9:00AM - 4PM  
FEE: \$40



## Team Geo-Thon! **NEW!!**

Our goal is to seek & find as many Geocaches\* over these two days as we are able. We will be travelling by van all day, each day, within a 25 mile radius of Newington and going to caches that we have not yet found! Ice cream stops and swimming at the end of the day will also be included.



(We provide the GPS devices)

*(\*Geocaching uses GPS devices and clues from geocaching.com to locate hidden containers holding a variety of items)*



**TUES. AUG. 18:** TBD

**WED. AUG. 19:** TBD

TIME: 9:30AM - 3:30 PM

FEE: \$25 ea. Day (\$45 for both days)



## Bowling, Lunch & A Movie

We'll begin with bowling at Bowl-o-Rama on the Berlin Turnpike and then feast at the Imperial Buffet! We'll catch a movie at the Plainville AMC LEOWS Cinemas after lunch.

**THURS. AUG. 20**

Newington & Plainville, CT

TIME: 10:00AM - 4PM

FEE: \$35



# ADVENTURE PROGRAMS FOR STUDENTS ENTERING GRADES 7 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.



## Extreme Geo-Camp July 7 - July 9 Geo-Caching\* & Camping\*\*



For three days we will attempt to find as many geo-caches in extremely challenging locations. Our first day will be spent learning how to use the GPS units and develop our skills as seekers & finders. We will camp at Mohawk Mtn. State Forest in Cornwall, CT. This trip will involve vigorous hiking in the Northwest hills on all three days.



(\*Geocaching uses GPS devices and clues from [geocaching.com](http://geocaching.com) to locate hidden containers holding a variety of items)

Departs Town Hall at 9:00 AM on Tuesday July 7

Returns by 3:30 PM on Thursday July 9

**\*\*There will be a mandatory pre-trip meeting for participants and parent/guardians at 6:00 PM  
Wednesday, July 1, 2009 at the Town Hall.**

Price: \$90 Staff: Rik Huggard & Julie Melanson



## Adventure Explorations July 27th - 30th

We'll be out on the challenge course climbing the high ropes elements and flying down the zip line! Then, we'll go hiking for a day and rock climbing on the last day. If you enjoyed ROPE or the Spring Challenge Bound we are pushing up the level of challenges for all who participate.

**MON. JULY 27:** Newington Challenge Course, Newington, CT

TIME: 9:00 AM - 4:00 PM

**TUES. JULY 28:** Canoeing on the Housatonic River from Cornwall to Kent CT

TIME: 9:00 AM - 4:00 PM

**WED. JULY 29:** Hiking; location TBD

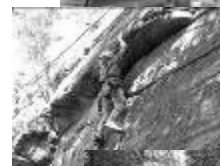
TIME: 9:00 AM - 4:00 PM

**THUR. JULY 30:** Rock Climbing at Green Wall in Plainville, CT

TIME: 9:00 AM - 4:00 PM

**FEE: \$25 ea. Day (\$90 for all 4 days; \$45 for any 2 day combination)**

Staff: Rik Huggard & Staff





# Summer Youth Adventure REGISTRATION FORM

**\*\*Registration Deadline Is: June 5th, 2009\*\***

PLEASE COMPLETE THIS FORM AND RETURN IT ALONG WITH FULL PAYMENT TO:  
**NEWINGTON HUMAN SERVICES**

**131 CEDAR ST.  
NEWINGTON, CT. 06111**

**Summer Youth Adventure-Information 665-8594  
E-mail: humanservices@newingtonct.gov**

**PLEASE PRINT OR TYPE**

STUDENT NAME \_\_\_\_\_ GRADE  
COMPLETED  
JUNE '09 \_\_\_\_\_ SCHOOL \_\_\_\_\_

## PROGRAM SELECTIONS

- |                    |                     |
|--------------------|---------------------|
| 1. _____ FEE _____ | 7. _____ FEE _____  |
| 2. _____ FEE _____ | 8. _____ FEE _____  |
| 3. _____ FEE _____ | 9. _____ FEE _____  |
| 4. _____ FEE _____ | 10. _____ FEE _____ |
| 5. _____ FEE _____ | 11. _____ FEE _____ |
| 6. _____ FEE _____ | 12. _____ FEE _____ |

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_ CHECK NUMBER \_\_\_\_\_

**\*\*ONLY ONE CHECK REQUIRED\*\***

**\*Please circle the highest movie rating that you approve for your child to attend: PG PG13**  
(Only if registered for Bowling, Lunch & Movie days or as an alternative due to inclement weather)

**FINANCIAL ASSISTANCE:** Reduced fees MAY be available to income eligible Newington families. Please indicate on the registration forms your request for assistance, and someone from this department will contact you.

**THERE ARE NO REFUNDS ONCE CONFIRMATION LETTERS ARE SENT OUT**

**\*\*Note: There is a \$25 returned check fee\*\***

**Please complete form on following page**

# SYA 2009 PERMISSION FORM (Must be completed)

STUDENT NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ AGE: \_\_\_\_\_  
PARENT/GUARDIAN NAME(S) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CELL/PAGER \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
WORK PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_  
(to receive updated/ongoing & future program information)

**\*\*Assumption of Liability: Participation in these activities may involve risk or injury. As a parent, guardian, or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Newington, its employees, contracted instructors, and volunteers from the liabilities which may occur while participating in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the Town of Newington does not provide accident/medical insurance for the program participants. In addition, I give permission for the participant to be treated by qualified medical personnel in the event that the above named parent/guardian/emergency contact cannot be reached at the phone numbers provided.**

**I give my child permission to walk or bike home at the end of a SYA program. Please Circle Yes No**

EMERGENCY CONTACT: NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
(other than parent/guardian)  
SIGNATURE OF PARENT/GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_

**I give permission for my child to be videotaped and/or photographed for the purpose of community education. Yes No**

**Please use the space below to apprise us of any special health concerns, accessibility issues, or behavioral needs, or to request accommodation (include allergies, medications, etc):**

**You will be contacted for additional information, if needed.**

MEDICAL INSURANCE CARRIER \_\_\_\_\_ POLICY NUMBER \_\_\_\_\_ HOSPITAL PREFERENCE \_\_\_\_\_

**\*\*This contract must be signed by BOTH participant and parent, and returned along with your registration form in order to participate in the program.\*\***

## **\*\*PARTICIPANT CONTRACT\*\***

This contract is an agreement between parents/guardians, students and staff to help ensure that this program operates in a fun, safe and cooperative manner. It is our hope that by reviewing our expectations for conduct, that ALL students and their parents will assist us with this effort.

- I agree to stay seated & keep my limbs in the van at all times.
- I agree to speak respectfully to EVERYONE, using appropriate language and voice level.
- I agree not to swear, name call or throw things.
- I agree to be with a "buddy" and/or with an adult chaperone at all times.
- I agree to report on time to the designated meeting location for each program.
- I agree to keep my hands to myself, respect others and their property.
- I agree to follow directions and listen attentively when adults are speaking to me.
- I agree to keep the vans clean.
- I agree not to use cell phones during programs.

Unacceptable behavior will result in a verbal warning, followed by a written warning, and if considered a serious safety violation or an unresolved ongoing issue, expulsion from the program without a refund.

Thank you for your assistance in helping to make this program a success.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Student: \_\_\_\_\_